

Packing List for Carry-on Travel

Toiletries

contacts
glasses
spare glasses
sunglasses
prescription meds
over-the-counter meds (ibuprofen, Imodium)
hand sanitizer
bandages

makeup, lip gloss, lipstick
hairbrush
toothbrush / toothpaste / dental floss
lotion
shampoo / conditioner
hotel-sized bar of soap
liquid soap
washcloth or travel towel

zip lock bags
Kleenex

Banking

coin purse, travel wallet
US dollars

Documents

Passport and copies of passport copies of
credit cards
printouts of reservations
list of hotels
medical insurance cards

Electronics

iPhone / charger / earphones
iPad / charger
camera / charger
portable charger
SD cards
SD card holder
earphones
adapters / converter

Misc

Tote bag with camera padding
smaller purse / crossbody purse
travel journal
pens
large envelope for brochures / receipts
travel locks
umbrella

For In-Flight

snacks -- cashews, crackers, Kind bars,
string cheese, fruit
gum / mints
eye mask
inflatable pillow
headphones
downloaded books, podcasts, movies

Clothing

black walking shoes
black flats
flip flops (for pool, hotels)

socks (3 pair)
underwear (5 pair)
2 bras

rain jacket / windbreaker

2 pair pants (both black works well)
1 skirt
1 dress
6 to 7 tops, with at least 1 long-sleeved

Sleepwear

2 cardigans (or a cardigan and a pullover)

bathing suit

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